

Dear Athletic Director and Coach:

The spring sports season is once again upon us and with it comes the 44th Running (originally started as a Boys Track Invitational) of the Fairfield Invitational Track and Field Meet which is now called The Robert K. Remaley Annual Track and Field Invitational. The name change is due to our previous track & field coach's retirement and we would like to recognize his 40 year commitment to the program by naming the Invitational in his honor. This year the Invitational meet will be held on Saturday, April 28, 2018 beginning with a coaches meeting at 9:00 A.M.

The six fastest times from the heats will proceed into the finals. We will have experienced workers for timers and place finishers along with FAT Timing. We hope everyone will be satisfied with this arrangement. **IMPORTANT:** Please note the qualifying height changes for Boys and Girls Pole Vault (9' and 6'6" respectively). Please note the opening height for the high jump for boys and girls. (5'2" and 4'2" respectively)

We will compress participants into the least number of heats possible, which will be determined by the number of scratches announced.

We open the participation to any PA or MD schools that wish to participate. I would ask that you call me or email as soon as possible at 717-642-2009 or [heller@fairfield.k12.pa.us](mailto:heller@fairfield.k12.pa.us) to inform me of your intent to participate, so it gives us a better idea of how many schools to expect.

Reserved parking will be available for team buses, team vans and coaches vehicles. Spectator parking will be on a first come, first served basis in the lots located around the middle/high school. I am expecting ample spectator parking. The Fairfield Athletics Boosters (FAST, Fairfield Athletics Stand Together) will be providing the concession stand this year.

This year you will register on Milesplit <http://pa.milesplit.com/meets/305187/>. The online registration will close at 5am on April 27<sup>th</sup>. The entry fee this year is \$140.00 per team. If a school is sending two teams (boys and girls) then the fee is \$275.00. The entry fee will be due on or before the date of the meet. Make all checks payable to Fairfield Athletics and mail them directly to me.

I hope that you will once again consider attending this event. Should you have any questions or concerns, please call me at your convenience.

Thank you and Best Wishes,

Crystal L. Heller  
Athletic Director

## 5<sup>th</sup> Annual Robert K. Remaley

### TRACK & FIELD INVITATIONAL

RUNNING EVENTS			
Time	Event		
10:00	110 Hurdle	TRIALS	Boys
10:10	100 Hurdle	TRIALS	Girls
10:20	100 Meter	TRIALS	Boys
10:30	100 Meter	TRIALS	Girls
10:40	300 Meter Hurdle	FINALS	Boys
10:50	300 Meter Hurdle	FINALS	Girls
11:00	4 x 800 Relay	FINALS	Boys
11:20	4 x 800 Relay	FINALS	Girls
<b>BREAK</b>			
12:00	110 Hurdle	FINALS	Boys
12:05	100 Hurdle	FINALS	Girls
12:10	100 Meter	FINALS	Boys
12:15	100 Meter	FINALS	Girls
12:20	1600 Meter	FINALS	Boys
12:40	1600 Meter	FINALS	Girls
1:00	4 x 100 Relay	FINALS	Boys
1:10	4 x 100 Relay	FINALS	Girls
1:30	400 Meter	FINALS	Girls
1:40	800 Meter	FINALS	Boys
1:50	800 Meter	FINALS	Girls
2:00	200 Meter	FINALS	Boys
2:20	3200 Meter	FINALS	Boys
2:40	3200 Meter	FINALS	Girls
3:00	4 x 400 Relay	FINALS	Boys
3:20	4 x 400 Relay	FINALS	Girls
3:40	<b>AWARDS</b>		

JUMPING EVENTS		
Time	Event	
10:00 – 11:00	Long Jump	Girls
11:15 – 12:15	Long Jump	Boys
12:30-1:30	Triple Jump	Girls
1:45-2:45	Triple Jump	Boys
<b>BREAK</b>		
10:00	Pole Vault	Boys First (8' Starting Height)
		Girls to Follow (6' Starting Height)
10:00	High Jump	Girls First (4'2 Opening Height)
		Boys to Follow (5'2 Opening Height)

THROWING EVENTS		
Time	Event	
10:00	Javelin	Girls
10:00	Discus	Boys
11:15	Shot Put	Boys
11:15	Discus	Girls
1:30	Javelin	Boys
1:30	Shot Put	Girls

# THE ROBERT K. REMALEY ANNUAL TRACK AND FIELD INVITATIONAL

## RULES

1. Schools may enter up to three persons in each event, **except** in the Long Jump and Triple Jump.
2. Schools may enter up to two persons in each the Long Jump and Triple Jump without a qualifying distance. A school may enter a **THIRD** person in either or both the Long Jump and Triple Jump only if all three of their entries in that specific event meet the following qualifying distances:

	BOYS	GIRLS
LONG JUMP	17 feet	13 feet
TRIPLE JUMP	37 feet	30 feet

3. Limit of one relay team from each school in each relay.
4. A SCRATCH SHEET will be available after 8:00 A.M. for coaches to record their scratches.
5. Trials will be held in the 100M, 200M, 110M High Hurdle boys and 100M High Hurdle girls events with the best times advancing to finals. If heats are needed in other running events, the places will be determined by time. All running events are in metric distances.
6. All throws will be measured
7. In the Shot Put, Javelin, and Discus, each athlete will be given three preliminary throws/jumps with the seven best distance athletes qualifying for the **three** final throws.. The final throws will be taken immediately after the preliminary throws.
8. Long Jump and Triple Jump will each get 4 jumps and the pit will be open for 1 hour for each event.
9. Each contestant may enter no more than four events, including relays.
10. Points will be awarded as follows: 10-8-6-4-2-1
11. Ribbons will be awarded to the top six finishers in each event. Trophies will be awarded to the Champion and two runner-up teams in both boys and girls.
12. Please have all entries on Milesplit by 5 am April 27th.
13. There will be a coaches meeting at 9:00 A.M. the day of the meet.
14. We would appreciate any help with hurdle moving.

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## TRACK INFORMATION

1. All weather track – 3/16 spikes or flats – **NO EXCEPTIONS.**
2. We will supply all starting blocks.
3. Hard surfaced areas for all field events (new javelin runway!)
4. PLEASE NOTE opening heights on Pole Vault and High Jump events.
5. We will have a trainer all day.